

Interview questions for Mary Jo Fay

Surviving Difficult People

1. Are you just talking about intimate relationships?
2. You talk about difficult people being narcissistic... exactly what does that mean?
3. How do you know if someone is narcissistic?
4. What can people do when they're in one of these relationships?
5. Why don't victims just leave these bad relationships?
6. You mention other types of abuse besides just physical. Would you explain what that looks like?
7. Can you give us some examples of narcissistic people we might recognize in the media?
8. Why don't people recognize these people as being so toxic to begin with?
9. In your book, you talk about how difficult people need their "fix" – can you explain that more?
10. What are some of the repercussions of living in a toxic environment like this?
11. Can women be narcissists? If so, what does that look like?
12. Is there a cure for people with Narcissistic Personality Disorder?

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